



# St Francis

Catholic Primary School

## **P.E. Kit**

## **Policy**

At St. Francis Catholic Primary School, we recognise that Physical Education (P.E.) is a key area of learning within the National Curriculum.

P.E. kit is essential in ensuring that pupils access the P.E. National Curriculum to its full potential, and participate safely and comfortably in physical activity at school.

We believe that a uniform P.E. kit encourages our children to have a sense of belonging to our school community and promote a feeling of pride and equality.

St Francis Catholic Primary School P.E. Kit is compulsory and consists of:

**Black Shorts/Skort** (no cycling shorts)

**Plain Black** Jogging Bottoms (no logos and no leggings)

**Plain White T- shirt** or **School Logo House Coloured T-Shirt**

**Plain Black Hoodie** or **School Logo House Coloured or Black School Hoodie** (for use during winter outdoor P.E. lessons)

Indoor P.E. – plimsols and/or clean trainers.

Outdoor P.E. – trainers

White ankle socks (preferably separate from those worn with school uniform) Please note: Girls will not be allowed to wear tights underneath their PE shorts or tracksuit bottoms.

**Please ensure that all individual items of P.E. Kit and P.E. bags are clearly labelled with pupil's names.**



P.E. Logo T-shirts and Hoodies, and all other school uniform requirements can be purchased from **Deco Schoolwear**.

Ordering can be done online at <http://www.st-francis.deco-uniforms.com/shop> or by telephone order on 01572 821 665.

### **P.E. Timetable**

Although P.E. is timetabled for each class twice a week, there will be occasions when a lesson has to be switched, or an additional opportunity for P.E. presents itself, therefore it is essential that P.E. kits are in school every day. P.E. Kits should be brought into school on a Monday morning and kept in school all week.

### **Events and Competitions**

Should your child be selected to represent the school in an event or competition, you will be advised, by letter, as to what the children should wear. Children may be provided with a school kit to wear e.g. School Football Kit or asked to wear their own PE kits.

## **Jewellery and Hair**

All jewellery must be removed for P.E. lessons, including activity trackers/smart watches. No member of staff is permitted to remove a child's earrings so children must be able to remove their own earrings. It is advisable for children to have a small keepsake box, or similar, in their P.E. bags for them to keep their earrings safe upon removing them. Wearing plasters or tape over the earrings is not permitted, unless a pupil has newly pierced ears (6 weeks or less) then they must bring tape with them to ensure that their earrings are covered completely.

Long hair must be tied back in order to prevent entanglement in apparatus and to prevent it obscuring vision. *This is in accordance to the latest guidance from "Safe Practice in Physical Education, School Sport and Physical Activity, 2020 Edition" page 212*

## **Cold Weather**

Outside P.E. lessons are taught all year round and pupils need to wear sufficient and appropriate clothing (tracksuit bottoms, hoodie, etc.) for the weather conditions in order to minimise discomfort. *This is in accordance to the latest guidance from "Safe Practice in Physical Education, School Sport and Physical Activity, 2020 Edition" page 213*

## **Injuries and Illness**

All pupils should bring their P.E. kit to class even if they are not going to be actively involved as a performer. If a pupil is injured or unwell, a signed note from the parent must be provided to the teacher at the start of the lesson. Pupils who are excused will still need to change into their P.E. Kit as they will be involved in the lesson through the role of coach, umpire/referee or leader. It is our expectation that if your child is well enough to come to school, they are well enough to take part in P.E.

## **Gymnastics and Dance**

For gymnastics and dance lessons, children will perform in bare feet, as this is safest whether on the floor or apparatus. Participating in socks is not allowed on a polished floor due to the level of grip provided being poor, which can result in injury. *This is in accordance to the latest guidance from "Safe Practice in Physical Education, School Sport and Physical Activity, 2020 Edition" page 215/216*

## **Swimming**

Children start attending swimming lessons in Year 3 or 4. Girls should wear a one-piece costume and tie back long hair and/or wear a swimming cap. Boys should wear swimming trunks – Bermuda shorts are not acceptable.

The wearing of goggles can only happen if a letter is provided by parents, stating the medical reason for their necessity. The teacher is not responsible for fitting or adjusting goggles and therefore pupils need to be able to fit them independently. *This is in accordance to the latest guidance from "Safe Practice in Physical Education, School Sport and Physical Activity, 2020 Edition" page 207/208*

### **Forgotten Kit**

Pupils who fail to bring in the correct P.E. kit or forget their P.E. kit will be required to borrow spare school kit.

Failure to bring the correct PE kit will result in a letter home.

#### *\*Covid-19 amendment*

- *KS1 & 2 pupils are currently coming into school wearing their P.E. kit to avoid changing in classrooms.*

**June 2021**