|  |  |
| --- | --- |
| RSE and PSHE and Safeguarding Curriculum | Relationships EducationFinancial Capability (Cambridge Scheme)Safety (including online)Community linksOther FaithsBritish ValuesProtected Characteristics |
|  | **Advent 1**  | **Advent 2**  | **Lent 1**  | **Lent 2**  | **Pentecost 1**  | **Pentecost 2**  |
| Whole School | Assembly- NSPCC: Speak out to stay safeAssembly- How can we be inclusive at St Francis ?Protected Characteristics.British Values AssemblyAssembly- Black History MonthPastoral- Worry Boxes in each class (introduce) Just One Tree Day- The World We Want Assembly | Diwali- firework safetyAntibullying week (One Kind Word) and activitiesAssembly: AntibullyingPoppy AppealChristmas FairMenphys Carol ConcertRoad Safety | Internet Safety Week and activitiesHealthy Me Week/Children’s Mental Health WeekAssembly:Healthy LunchboxesFun week leading up to St Thomas Aquinas Feast DayMental Health Service to visit Assembly | Assembly- Police VisitNeighbourhood Walk- Road Safety (with PCSOS)Lenten Fundraising per class. World Book Day | Assembly: British Values revisitedAspirations WeekWorld Water DayAssemblies-Train Lines/Playing safely | Science Week and CompetitionSports DayAssembly- Water Safety/Sun SafetyAmbulance Service Visit- First Aid |
| House Families | House Families- what makes a happy/safe playtime? Where do we feel safe?House Families- supporting others with disabilities | House Families- How can we celebrate diversity? | House Families- Virtues PassportHouse Families- Stronger Together- Democracy/Parliament/Responsibility. | House Families- Zones of Regulation.  | House Families- ReviewStronger Together- Democracy/Parliament/Responsibility.  | House FamiliesCatholic LifeEco Roadmap |
| St Francis Way  | SolidarityCommunityFaithfulnessJoy& SpiritMetacognitionCuriosityFaithfulnessSolidarity | CommunicationFaithfulnessResponsibilityCompassion Responsibility Gratitude Joy & Spirit | Service  Responsibility Ambition Courage CommunityForgiveness | ForgivenessCommunity FaithfulnessSelf-Control ServiceSelf-Control Resilience  | Ambition FaithfulnessHumilityAmbitionCourageAmbition | ConfidenceCreativityCuriosity Co-operationKnowledge & Enquiry |
| Ordo Themes | WelcomeCreationEncounterBelongingLearningInclusionRosary Diversity | Individuality HolinessGiving YouthKingdomHopePeace Joy  | Epiphany Discipleship Inspire ChallengeCareHealing  | Mercy ForgivenessPrayer FastingAlmsgiving Sacrifice Journey  | Missionary Discipleship Faith Vocation WitnessExample | PentecostPiety KnowledgeUnderstanding Wisdom  |
| Parental Engagement | Parent Forum- Consultation on RSE Curriculum[Relationships, sex and health education: guides for parents - GOV.UK (www.gov.uk)](https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools) | Parent Forum- Antibullying- school approach and when to be concerned. Link to previous Dragonfly Education Anxiety Session. Parent Forum- Online Safety | Parent Forum- Support from external agencies: early help/mental health  | Parent Forum | Parent Forum | Parent Forum |

|  |
| --- |
| RSE and PSHE and Safeguarding CurriculumEYFS |
|  | Advent 1  | Advent 2  | Lent 1  | Lent 2  | Pentecost 1  | Pentecost 2  |
| RE  | Baseline Assessment Myself WelcomeBaptism Birthdays  | Celebrating Gathering Judaism Growing Good News  | Friends Our World  |
| Judaism |  | Hinduism / Sikhism / Islam on 3 yr rolling cycle |
| RSE  | **Who am I ?**New BeginningsClass Rule Rules and Routines Responsibilities in schoolSupporting children to build relationshipsDreams and Goals | **Light and Dark**Making healthy food choices Not wasting foodTeeth brushing techniqueGetting on and falling out. How to deal with anger EmotionsSelf - Confidence RespectSolving a problem | **The animal Kingdom!** Good to be me Feelings Learning about qualities and differences Celebrating differencesIdentify and moderate feelings socially and emotionally | **Amazing nature**Relationships What makes a good friend? Healthy meRandom acts of Kindness Looking after pets Looking After our Planet  | **Out and about**Looking after othersFriendshipsDreams and Goals Show resilience and perseverance in the face of challenge. | **At the Seaside!** Taking part in sports day - Winning and losing Changing me Look how far I've come!  |
| RSE  | **I am Me**Uniqueness, gifts, talents**Heads. Shoulders, Knees and Toes**Our bodies are goodNames of body parts (not genitalia)Private parts are private | **Ready Teddy?** Our bodies are good and we have to look after them. Healthy Lifestyles; sleep, exercise, diet | **I Like, You Like, We All Like**Likes and DislikesRelate to and trust others**Good feelings and bad feelings**How to manage feelings**Let’s Get Real**Language for feelingsChoices and impactSorry and forgiveness**Growing Up**That there are natural life stages from birth to death, and what these are | **Role Model**Part of God’s familyCaring as Jesus didShowing God’s love**Who’s Who?**Special people-parents/carersNuclear/wider familyTelling trusted people about worries**You’ve Got a Friend in Me**Behaviour affects othersPositive and negative relationshipsBullying **Forever Friends**Recognise when we’ve been unkindForgiveness  | **Safe Inside and Out**Safe and unsafe situations indoors and outdoorsAsking special people for help**My Body, My Rules**Body privacy Being open with special peopleDifferent people we can trust for help in our community**Feeling Poorly**Medicines and who can give themLook after your body | **People Who Help Us**Jobs that help usParamedicsFirst Aid**God is love**Being Called**Loving God, Loving Others**Live in Community**Me, You, Us**Communities we belong toHelp at homeDuty of careWhat harms/improves our world |
| Texts | The Colour Monster I just do things differentlyThe Big Book of Families Cave BabyThe every baby bookLift the flap questions and answers about rascism. My big fantastic family | The Colour Monster. Who Has What? See Inside Your BodyWhy Do I Wash My Hands?Now wash your handsI will not ever not eat a tomato | Josie’s Lost ToothI Want My ToothI’m Falling to BitsWhy Should I Brush My TeethWho are you? (inlcusivity)We feel happy Ruby’s Worry Perfectly NormanRavi’s Roar The Little ThingThe fears you fear  | Bedtime Little Mouse (mindfullness link) The Spots and the Dots (inclusivity/difference)Will you be my friend? The friendship benchPipsqueakMeesha makes friends.I’m sticking with youSharing a ShellThe screen theif | Emergency MouseThe fears you fear Can bears ski (exploring deafness)Jeremy worried about the windStaying Safe Online Keep yourself safe: being safe with people | You Can Swim, JimSmall’s big dreamHow to say helloYou can Luna Loves DanceThe Trouble with earth. What will I be? Sometimes (going to hospital) The Hospital DogLooking after our planet Future Doctor  |
| ICT  | IT- Accessing technologiesControl- Human Programming | Connecting with people E-Safety and research- Browsing for pictures | Information Technology- Bee BotsDigital Media |
| Safeguarding Focus | Keeping clean- handwashingSafe use of classroom resourcesStranger danger in school- trusted adults. Naming different kinds of feelings – daily check insFire Service VisitPolice Visit | Bonfire Night- fire safetyHalloween- safetyDentist Visit Anti-bullying WeekTrustworthy adults- who to talk to if you have a problem | Internet Safety Being safe with petsOral Health Nurse Visit | Keeping safe in the outdoors | Stranger Danger Keeping safe in town | Water safety Sun Safety |

|  |
| --- |
| RSE and PSHE and Safeguarding CurriculumYear 1/2 |
|  | Advent 1  | Advent 2  | Lent 1  | Lent 2  | Pentecost 1  | Pentecost 2  |
| RE | Good NewsFriendsOur World | Books Thanksgiving Opportunities | Spread the WordRulesTreasures |
| Judaism |  | Hinduism / Sikhism / Islam on 3 yr rolling cycle |
| RSE  | **School rules****Classroom rules****Financial Capability**Where does money come from and where does it go when we ‘use’ it?How might I get money and what can I do with it?How do we pay for things?What does it mean to have more or less money than you need? How do I feel about money?How do my choices affect me, my family, others?What is a charity? | **Let the Children Come**Created individually by GodPrayer God created us to know, to love and to serveWe are created as a unity of mind, body, spirit. **I am Unique**We have unique giftsOur bodies are goodNames of body parts, including scientific names for genitallia**Girls and Boys (my body)**have been created by God to be similar and different**Clean and Healthy**Healthy LifestyleSleep, rest, recreationPersonal Hygiene | **Feelings, Likes and Dislikes**Natural to relate to and trust one another.We have likes and dislikes. A language to describe feelingsFeelings and actions are different**Super Susie Gets Angry**Managing feelings and good behaviourChoices have consequencesJesus dies so that we could be forgiven**The Cycle of Life**Natural life stages from birth to death | **God Loves You**Part of God’s familySaying sorry can mend friendshipsJesus cared for others- how we should actLoving others as God loves us**Special People** parents/carersNuclear/wider familyTelling trusted people about worries**Treat Others Well**Behaviour affects othersPositive and negative relationshipsBullying **And Say Sorry**Recognise when someone has been unkind and how to respond. Recognise when we’ve been unkindForgiveness **Being Safe**To understand safe and unsafe situations, including online. Difference between **Good and Bad Secrets**How to resist pressure when feeling unsafe | **Physical Contact**Body privacy People we can trust in the community,**Harmful Substances**Medicines are drugsNot all drugs are goodAlcohol and tobacco Being healthy**Can you Help Me?** 999 emergenciesMedical helpBasic First aid | **Three in One**God is love: Father, Son, Holy Spirit Called to love and be loved**Who is my neighbour?****The Communities We Live In**Living in communityScripture Focus on living in community |
| ICT | Rule Writers- E-safety Online Bullying | Safe Internet Searching | We are researchers- e-safety Game Raters |
| SafeguardingFocus | Trusted adults around schoolWho can I share my worries with?  | Anti-bullying Week | Internet Safety WeekOral Health Nurse Visit |  |  |  |
| Texts | DoggerColour MonsterLittle Croc’s purseDaisy and the trouble with piggy banksIt’s a no money day | My hair The Proudest BlueNow wash your hands You and your bodyLift the flap questions and answers about rascism. | The Smartest Giant In TownI want my toothJosie’s lost tooth I know why I brush my teethA shelter for sadnessRuby’s Worry The problem with problems. Perfectly NormanRavi’s RoarWe feel happy The Little ThingCalmness Kindness Doing your best | I am absolutely too small for schoolMy hair The Proudest BlueThe rainbow fishElmer Mia and the Miffkins (friendships)Dave and the Tooth FairyMeesha makes friends.I’m sticking with you | Nice or Nasty – Claire LlewlynOh the things you can do that are good for you- Tish RabeGerms are not for sharingDinosaurs Beware | You Can Swim, JimLook after our planetFriends, Kathryn CaveThe great big book of families This is our house, Michael RosenMy Big Fantastic FamilySunflower Sisters (two families unite) Looking after our planet |
| Additional Opportunity for teaching points | Police visitFire service visit Ambulance visit |  |  |  |  | Mini-Olympics Y1/2 |

|  |
| --- |
| RSE and PSHE and Safeguarding CurriculumYear 3/4 |
|  | Advent 1  | Advent 2  | Lent 1  | Lent 2  | Pentecost 1  | Pentecost 2  |
| RE | People Called Gift | Community Giving and Receiving Self-discipline | New LifeBuilding Bridges God’s People |
|  | Judaism |  | Hinduism / Sikhism / Islam on 3 yr rolling cycle |
| RSE  | **Mission Statement****School rules****Classroom rules****Financial Capability**What different ways are there to earn and spend money?What do saving, spending and budgeting mean to me?How can I decide what to spend my money on and choose the best way to pay? What might my family have to spend money on?What is ‘value for money’?How do my feelings about money change? How do my choices affect my family, the community, the world and me? | **Get up**Created by God**The Sacraments** BaptismReconciliation**We don’t have to be the same** **Respecting our Bodies**Puberty (Y4)Changing Bodies (Y4) Boy/Girl discussion groups (Y4) | **What am I Feeling?** Self-care, managing emotions, support, mental ill health, isolation and loneliness. **What am I Looking at?** Media misrepresentation**I am Thankful**Wrong, unacceptable unhealthy and risky behaviours**Life Cycles**Humans act at three levels: physical, psychological and spiritual | **Jesus is my friend:** forgiveness and reconciliation**Friends, family and others**Relationships take time and effort to sustain. Ways to maintain positive relationships. **When things feel bad.** Developing a greater awareness of bullying. Harassment and exploitation  | **Sharing Online**reporting **Chatting Online** appropriate language and behaviour**Safe in my body**acceptable physical contactPeople we can trust**Drugs, alcohol and tobacco** not all drugs are good; harmful substances **First Aid Heroes** keeping calm; quick reactions; first aid knowledge  | **A Community of Love**Charity and generosityThe Holy Trinity**What is the Church?**Church familyPractical ways to love and care for others**How do I Love Others?**  |
| ICT  | Personal Information Copyright privacy | Online Risk Managers- e-safety | Online Content IssuesVirtual Friends |
| SafeguardingFocus | Swimming Lessons- Water and Poolside SafetyTrusted adults around schoolWho can I share my worries with?  | Anti-bullying WeekDogs Trust- Be Dog Smart  |  | Carbon Monoxide Workshops |  |  |
| Texts | What does it mean to be British? | Keeping CleanAll Kinds of BodiesLift the flap questions and answers about racism.[Horrid Henry’s Nits - Scholastic Shop](https://shop.scholastic.co.uk/products/1249) | Find your confidenceHappy The Barnabus ProjectThe Huge Bag of Worries  | Talk about bullying; a problem shared.  |  | What does it mean to be British? Climate ActionClimate Crisis for beginnersLooking after our planetJourney   |
| Additional Opportunity for teaching points |  | Museum VisitCarols in Town Centre- stranger danger |  |  |  |  |

|  |
| --- |
| RSE and PSHE and Safeguarding CurriculumYear 5/6 |
|  | Advent 1  | Advent 2  | Lent 1  | Lent 2  | Pentecost 1  | Pentecost 2  |
| RE | Loving Vocation Expectations | Sources Unity Death and New Life | WitnessesHealing Common Good |
| Judaism |  | Hinduism / Sikhism / Islam on 3 yr rolling cycle |
| RSE  | **Mission Statement****School rules****Classroom rules****Financial Capability**What different ways are there to gain money? What sort of things do adults need to pay for? How can I afford the things I want or need? How can I make sure I get ‘value for money’? Why don’t people get all the money they earn? How is money used to benefit the community or the wider world? What is poverty? | **Calming the Storm** Created by GodAdulthoodPuberty **Gifts and Talents**Celebrating difference in a community. Self-confidence **Girls’ Bodies/Boys’ bodies**UniqueRespectModesty and boundaries**Spots and Sleep** Healthy choices**Body Image**Media vs realityGratitude **Peculiar Feelings**Range of feelingsBehaviours that are wrong, unacceptable, unhealthy or risky | **Emotional Changes**Hormonal changesEmotional Wellbeing**Seeing Stuff Online**Harmless vs harmful contentImpact on young mindsActions **Making Babies**How a baby grows**Making Babies (Part 2)** Intercourse between man and woman (scientific)Physical, emotional and spiritual implications**Menstruation**Role in fertilityPractical advice | **Is God Calling You?**Love othersLiving it out**Under Pressure**Types of pressureStrategies to resist**Do You Want a Piece of Cake?**Consent and Bodily AutonomyScenarios when it’s right to say no**Self Talk**Feelings impact actionsLink to personal relationships | **Sharing Isn’t Always Caring**Increasing independenceSafe use of techImpact of what we watch/hear/say/doReporting and getting help**Cyberbullying**ExamplesImpact on victimGetting help**Types of Abuse**Acceptable and unacceptable physical contactPeople we can trust**Impacted Lifestyles**Effects of substancesGood choicesMade by God**Making Good** **Choices**Pressure links to drugs/alcohol and tobaccoYou can say no | **Giving Assistance**Recovery positionDR ABC**The Trinity**Church is the Body of Christ**Catholic Social Teaching**JusticeSelf-givingStand up for your faith**Reaching Out**Impact of CST to current issuesSpreading God’s love |
| ICT | Safe Social NetworkingCopyright information | Reporting IssuesImage Sharing | Image SharingResponding to Online Risk |
| SafeguardingFocus | Y6 Swimming Assessment- Water SafetyTrusted adults around schoolWho can I share my worries with?  | Anti-bullying WeekDogs Trust- Be Dog Smart |  | Carbon Monoxide Workshops | Y6 E-safety survey- share outcomes with parents. | Bikeability |
| Texts | What does it mean to be British? | Lift the flap questions and answers about racism.Aaron Slater, illustrator (dyslexia) | Brain PowerHow not to lose it | How to change the world Wonder [A Problem Shared: Bullying - Scholastic Shop](https://shop.scholastic.co.uk/products/133856) | Dot common senseDr Christian’s guide to growing up onlineLook both ways  | What does it mean to be British?The arrival Climate Action How to change the world.  |
| Additional Opportunity for teaching points | Playground leaders. Assembly- Age Ratings on Games/Films | The Warning Zone – personal & Online safety. Supporting independence. Transition into early adolescence.  |  |  |  | Orienteering Roadshow (Y6) Briars residential – team building  |