

SAINT FRANCIS

CATHOLIC PRIMARY SCHOOL



At Saint Francis We Love to Learn and
We Learn to Love

Friday 13th March 2026

'Love One Another, as I Have Loved You'
John 13:34-35

Dear families,

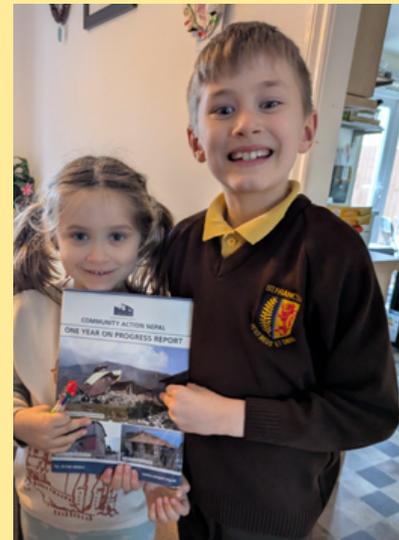
It has been a productive week in school as assessments for the end of term have been completed. Well done to the children for their hard work. Y6 had their first taste of a SATs (practice) test in the hall and hopefully they found it a reassuring experience. We also enjoyed 'step into the NHS day' where the children learnt about some of the jobs in our NHS. Thank you to the parents who shared their insights from their jobs. We will hold an aspirations day later next term so look out for that as we invite parents in to share their careers with our children- this is always a popular event.

Miss Page, already a qualified coach, has completed some additional training and is going to be offering a taster session for girls' football in the final week of term. She will then be putting on a club for us. She attended some training and secured some resources for us to use in school! The sessions will be open to girls in KS2 after Easter.

Thank you for the lovely treats and cards for our visiting pilgrims. There is still time if you wished to add a card or donate something as they won't be in school until the 28th March.

Have a lovely weekend,

Mrs Brown



Mon	Y6 retreat in class with Deacon Keith Y3/4 dress rehearsal to school	Eco Club KS1 Art Club
Tues	EYFS Big Moves session	Multi Sports
Wed	Y1/2 trip to Botanical Gardens Y3/4 Easter Production 2pm	Multi Sports
Thur		
Fri	Years 5 & 6 to attend the Chapel for Mass @9.55am	

Mission

This week's mission was to find out more about a charity, local, national or global. See below to find out more about the wonderful charity set up by one of our family's relatives, called Community Action Nepal.



KEY DATES

Monday 23rd March- I Rock Concert @2.30pm

Wednesday 26th March- Stations of the Cross for children in school.

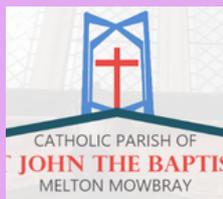
Wednesday 26th March- Easter Menu for lunch

Friday 27th March- Y1/2 to attend the chapel for Mass @9.55am



Violet has researched her Great Uncle's charity. He was the first English person to climb Mount Everest and his expedition was the first time to do it by the South West face. Community Action Nepal is a UK charity that works with some of the most remote communities in the Nepalese Himalaya, delivering life-changing education, healthcare, agriculture and livelihood programmes. They work in partnership with local mountain communities to help them raise their standards of living whilst strengthening and protecting indigenous cultures and traditions. Doug Scott set up the charity Community Action Nepal in 1994 to improve the standard of living in these remote Himalayan communities to give something back to the mountain people who had helped him to achieve his mountaineering goals. Many of the people who live there help climbing expeditions in the Himalayas. Over the years CAN has supported tens of thousands of people in Nepal through the construction over 40 schools, health posts and porter rescue shelters, and by implementing many other community development projects.

Parish of St John the Baptist
Keep up to date with the Parish news [here](#).



Stations of the Cross

We will be praying the Stations of the Cross with the children in school but click the image for a link to Mark 10 Mission who have recorded this powerful Lenten Devotion.

Celebrating Great Work and our Mission



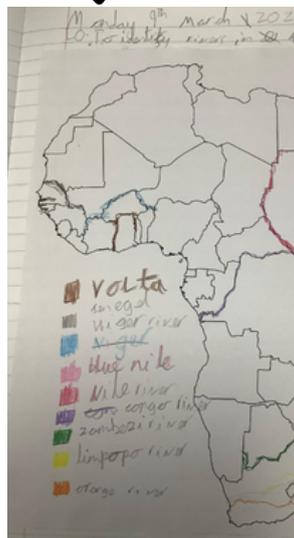
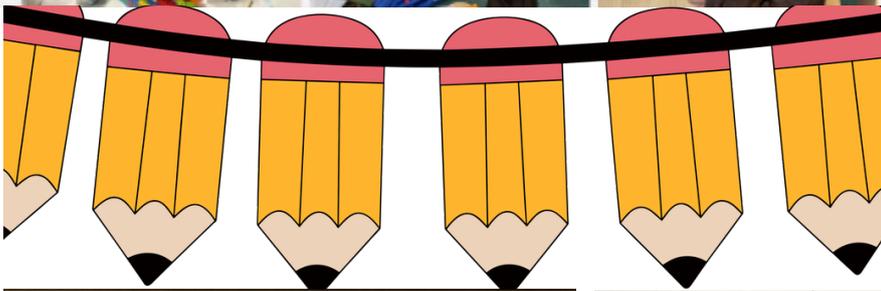
Lunchtime Awards:
Aiden, Jack,

	Mission	Star Writers
EYFS	Phoebe	Queen
Year 1	Violet	Alba
Year 2	Year 2	Oliver H
Year 3	Sophie	Noah
Year 4	Tione	Liam
Year 5	Lian	Stefan
Year 6	Elodie	Orla

Celebrating Great Work and our Mission

This week we have seen so much exciting learning around school. It has been assessment week but we have also enjoyed some creative RE sessions including painting and visiting the convent chapel. In Geography Y3 and Y4 have been learning about the rivers in Africa and why the river Nile was important to the Egyptians. Year 1 and 2 have been learning about wheels, chassis' and axel holders in their D & T lessons.

LOVE TO LEARN, LEARN TO LOVE



Sunrise and Sunset Club Wraparound Care - Charge Changes

Our wraparound service is very popular and working well.

This is a reminder of what we have on offer:

Breakfast full session - 7:30am to 8:45am is £6.50 and includes breakfast

Breakfast half session - 8:15am to 8:45am is £3.00 and does not include breakfast

Afterschool full session - 3:15pm to 5:30 pm is £11.00 and includes a light tea

Afterschool half session - 3:15pm - 4:15pm is £5.50 and does not include a light tea

We have not been charging families for cancelling sessions on the day of a booked wraparound. As you can understand we cannot continue to do this in the economic climate we face. We have to forecast how many staff we need well in advance and also order food quantities to allow us to make sure we have enough for the numbers booked.

Therefore, after Easter, we shall have to charge for places that are cancelled on the day (except for illness and you will need to let the club know). Ideally we would love to have at least 24 hours notice.

As always, please do get in touch with us with any queries or for Arbor support.

School Office



HAPPY
Easter

MENU
Chicken Nugget Wrap
or
Vegetarian Nugget Wrap (v,vg)
With
Chips
Baked Beans & Coleslaw
Lemon Easter Biscuit (vg)
or
Fruit Platter or Yoghurt

Leicestershire Traded Services

Thursday
26th March

Easter Holidays:
Mon 30th March-Fri
3rd April
Mon 6th April - Fri
10th April



LOPC -HOLIDAY SCHEME-

FULL DAYS 9AM-4PM
OR
HALF DAYS 9AM-1PM
WRAP AROUND CARE
AVAILABLE!

Adventurous activities including water activities, ropes, targets and bushcraft.



Hayley@LOPC.CO.UK

BOOK
NOW!



World Sleep Day

Friday 13 March 2026



Leicestershire Partnership
NHS Trust

Sleep well, live better

World Sleep Day encourages people worldwide to promote the importance of healthy sleep. It's an opportunity to highlight how **quality rest supports mental well-being, physical health and overall quality of life.**

Why sleep matters?

- Supports mood and emotional regulation
- Improves concentration and memory
- Reduces stress and burnout

Healthy sleep habits

- Stick to a regular sleep and wake time
- Limit screen usage before bedtime
- Quiet, dark and calming environment



Need more support with sleep?

My Self Referral - My Self-referral is a website available to young people up to the age of 18 who want advice and support for their mental health. It enables young people to self-care and access a broad range of advice, resources and services.

Health For Teens - Health for Teens is a fantastic resource for young people to find out more about health, covering the likes of feelings, growing up, health, lifestyle, relationships and sexual health.

Health For Kids - Find top tips and advice on all aspects of children's emotional and physical health, from keeping kids active and eating well, to building their confidence and equipping them to cope with specific health issues.

Support for parents and carers - Head to the website lptnhs.com/SupportForParents for clear, practical guidance and resources for families with children of all ages.

Scan this QR code or visit the link for more about our support services:

leicspart.nhs.uk/mental-health



Mental Health Support
Teams in Schools

International Day of Happiness

Friday 20 March 2026



Leicestershire Partnership
NHS Trust

This year's theme looks at how social media affects our happiness. It highlights the challenges it can create for our wellbeing as well as the positive ways we can use technology to support ourselves and others.

Why happiness matters?

- Supports good mental health
- Strengthens relationships
- Boosts learning and motivation

Habits to support happiness

- Get enough sleep and stay active
- Spend time with people who uplift you
- Take breaks from screens
- Be kind to others



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NHS 111 - Head to **NHS 111 online** or call **111** and select the mental health option to get advice and support from trained professionals, day or night.

Scan this QR code or visit the link for more about our support services:

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Mental Health Support
Teams in Schools