



PERSONAL DEVELOPMENT

**AT ST FRANCIS
CATHOLIC PRIMARY SCHOOL
MELTON MOWBRAY**

OUR MISSION & VALUES

At St Francis we foster a vibrant learning community and transformative educational experience where the Catholic faith is not only taught but lived, empowering our children to become compassionate young people who can be agents of positive change in the world.

We want our pupils to know and learn about the world we live in and foster a deep respect for different ways of life, religions and cultures.

Central to our ethos and values are the Catholic virtues and values which complement British Values and the principle of democracy.



OUR APPROACH

- Personal Development is ambitious and sequential
- It is age-appropriate and built around three core themes:
 - Living in the wider world
 - Health and wellbeing
 - Relationships
- The curriculum focuses on both knowledge and virtues
- Personal development runs through all aspects of school life
- Pupils are developed socially, morally, spiritually and culturally

At St Francis, personal development is woven through lessons, worship, school culture and wider experiences.



PERSONAL DEVELOPMENT AT ST FRANCIS

Personal development is woven through our curriculum,
Catholic life and daily experiences.



Catholic Life & Mission

Prayer, weekly mission and the Church's liturgical year help pupils grow in faith, compassion and service.



Wellbeing & Relationships

Through RSHE and daily support, pupils learn to understand their feelings, build positive relationships and make healthy choices.



Safeguarding & Safety

Pupils learn how to seek help, recognise risks and stay safe online, in school and in the community.



Pupil Voice & Belonging

School Parliament, House Families and leadership roles give pupils ways to share their views, take responsibility and help others feel included.

**Together, these experiences build
confidence, character and faith**



COMMUNITY, CULTURE & THE NATURAL WORLD

CIVIC ENGAGEMENT	ARTS & CULTURE	NATURE, OUTDOORS & ADVENTURE
School Parliament	Whole-school music showcase	Forest School for EYFS
Pupil leadership roles	I Rock performance	Forest Club
Democracy and British Values	Menphys Choir	Outdoor creative play
Book votes and debate	Nativities and carols	Farm visit
Weekly mission and service	Easter play	Leaf Day
Class Lenten fundraising	Summer Soiree	Local-area and park walks
Road safety with local PCSOs	Heritage and cultural celebrations	Eco Team and gardening

Pupils learn that their voices and actions can make a difference.

Creative experiences help pupils express themselves and value others' stories.

Time outdoors builds curiosity, confidence and care for creation.



HEALTH, LIFE SKILLS & SPIRITUAL GROWTH

SPORTS & PHYSICAL ACTIVITY	WIDER LIFE & FUTURE SKILLS	SPIRITUAL DEVELOPMENT
PE and sports clubs	Jobs in the community	Prayer Club
Mini Olympics for Years 1–2	World-of-work learning	Weekly Mass in the chapel
Mini Olympics for Years 5–6	Gifts, talents and aspirations	Seasonal and feast-day Masses
Sports Day	Money choices: needs and wants	Adoration and school services
Sports Fan Friday	Online safety	Reconciliation and confessions
Swimming lessons	Bikeability and road safety	First Holy Communion in Year 3
Sports leadership & water safety	Secondary transition visits	May Procession and Leavers' Mass

Taking part builds healthy habits, confidence and teamwork.

Practical learning prepares pupils to make safe, informed choices.

Faith, reflection and service help pupils grow in love and purpose.



IMPACT



Pupils become responsible, confident, healthy and tolerant young people



Pupils develop socially, morally, spiritually and culturally



Pupils understand relationships, wellbeing, equality and British Values



Pupils build resilience and know how to look after their mental health



Pupils are ready for the next stage of education and for life after St Francis